

## Hesperidin: A New Approach to Ameliorate Diazinon Induced Hepatotoxicity in Adult Male Albino Rats

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### ABSTRACT

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Diazinon (DZN) is one of the most broadly used organophosphorus insecticides in controlling agricultural pests, increasing exposure to these compounds that may have harmful side effects. Hesperidin (HN) is a citrus bioflavonoid with gifted anti-inflammatory and anti-oxidant effects. The purpose of this study was to explore antioxidant and anti-inflammatory effects of HN on DZN induced hepatotoxicity in adult male albino rats. Forty-eight adult male albino rats were included into four groups; Group I served as the control (IA, IB and IC), Group II HN (50 mg/kg), Group III diazinon (20 mg/kg) and Group IV hesperidin and diazinon in doses as previously mentioned. All treatments were given daily via oral gavage for 6 weeks. Subsequently, Blood samples were collected and serum liver enzymes (ALT and AST) were determined. Then livers were extracted to assess hepatic malondialdehyde (MDA), superoxide dismutase (SOD), reduced glutathione (GSH), histopathological (Haematoxylin and Eosin staining) and immunohistochemistry using tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ). Diazinon intoxication induced a significant raise of serum liver enzymes and hepatic MDA and a significant reduction in hepatic SOD and GSH. It also induced histopathological alterations in liver with strong TNF- $\alpha$  immunoreactivity. The previous toxic effects were partially improved by hesperidin treatment in combination with DZN. It can be concluded that HN supplementation alleviates DZN induced hepatotoxicity via antioxidant and anti-inflammatory properties.

**Key words:** Diazinon, Hesperidin, Hepatotoxicity, Oxidative stress, Tumor necrosis factor- $\alpha$ .

### 1. INTRODUCTION

Organophosphates pesticides are universally used as insecticides. They are generally the furthestmost toxic pesticides for animal species particularly vertebrate animals (Shah and Iqbal, 2010).

Diazinon is a frequently used organophosphorus (OP) pesticide (diethoxy-[(2-isopropyl- 6-methyl-4-pyrimidinyl) oxy] thioxophosphorane) and widely used in agricultural practices and parasitic infestations in animals (Sarabia et al., 2009 and Wang et al., 2017).

Although these valuable uses, extensive DZN exposure may be harmful to animals and humans. Human exposure to DZN can occur via inhalation, ingestion and/or dermal exposure (Mehanny et al., 2015). Acute DZN toxicity is accompanying with increased secretions, seizures, and ultimately paralysis of

respiratory muscle. While chronic contact is accompanying with disruption of endocrine system, teratogenicity and carcinogenicity (Larkin and Tjeerdema, 2000).

Hindering the acetylcholinesterase (AChE) enzyme activity considered as the main mechanism of DZN toxicity, that resulting in excess stimulation of cholinergic receptors and neurotoxicity (Slotkin et al., 2019).

Previous studies have found that DZN can produce widespread toxic effects in the cardiovascular, genitourinary, and nervous systems. This toxic effect has been endorsed to oxidative stress (through inducing reactive oxygen species production and decreasing the activities of antioxidant enzymes), DNA disruption and pro-inflammatory activities (Abdel-Daim et al., 2018 and Danaei et al., 2019).

Hence, using of free radical scavengers and antioxidants can moderate the oxidative stress and lipid peroxidation associated with organophosphorus toxicity (Cemek et al., 2010).

Hesperidin, a citrus bioflavonoid, has a promising anti-oxidant, anti-inflammatory, lipid lowering, anti-cancer, neuro-protective and glucose lowering effects. Numerous studies have stated that the HN anti-inflammatory effects are arbitrated by numerous mechanisms that including deactivation of both nitric oxide synthases and cyclooxygenases, and inhibition of inflammatory cytokines and suppression of hypoxia inducible factor-1 alpha (Lee et al., 2012).

Hesperidin has also anti-oxidant effects, which credited to free radical washing activity, ROS neutralization and increasing of cellular anti-oxidant defenses (Parihz et al., 2015). Therefore, this study aimed to assess effects of HN on DZN induced hepatotoxicity in adult male albino rat.

## 2. Materials and methods

### 2.1 Materials:

Diazinon (99% purity, CAS No. 333-41-5), soluble in petroleum or corn oil. It was colorless oil with very offensive odor. It was produced by Sigma--Aldrich Company, Louis St., USA and obtained from Sigma--Egypt.

Hesperidin: ( $\geq 80$  % purity powder, CAS No. 520-26-3) was produced by Sigma-Aldrich Company., Saint Louis, USA and obtained from Sigma--Egypt.

### 2.2 Animals and grouping

All rats' experiments were achieved in agreement with the applicable rules and valid guidelines of the faculty of Medicine, Zagazig University, Egypt, which are in agreement with the National Institutes of Health Guidelines for Animal Care. A total number of 48 adult male albino rats (weighing 150–175 g) were bred and raised at the center of animal care. Rats were

acclimatized for 15 days under typical laboratory conditions before beginning of experiment. Food and water were through existing *ad libitum*. Room temperature was kept at  $22 \pm 3$  °C, twelve hours dark—light cycles, with 40–60% humidity. Animals were randomly allocated to one of 4 groups:

**Group I (control group):** consisted of 3 groups each of 8 rats:

- **Group IA (negative control group):**

Rats received only regular food and water with no medication given to assess the basic parameters for 6 weeks.

- **Group IB (positive control group):**

Each rat was orally gavaged by 1 ml of corn oil once daily (diazinon solvent) for 6 weeks.

- **Group IC (Positive control group):**

Each rat was orally gavaged by 1 ml of 0.9 % NaCl saline once daily (Hesperidin solvent) for 6 weeks.

**Group II (HN group):**

Each rat was orally gavaged by HN (50 mg/kg) dissolved in 0.9% NaCl saline once daily for 6 weeks (Merzoug and Toumi, 2017).

**Group III (DZN group):**

Each rat was orally gavaged by DZN at a dose of 20 mg/kg dissolved in corn oil once daily for 6 weeks. This dose represents 1/20 of oral LD<sub>50</sub> of DZN in rats (400 mg/kg) (Gokcimen et al., 2006).

**Group IV (DZN & HN group):**

Each rat was orally gavaged by both HP and DZN at the same previous doses once daily for 6 weeks.

### 2.3 Specimen collection:

**2.3.1 Blood Samples:** 24 hours after the last treatment, all rats were given anesthesia by ether and by using a capillary glass tube obtain a venous blood sample (3 mL) from the retro-orbital plexus. Then, ejected the samples into glass tubes (non-heparinized) and permitted to form a clot for 30 min, then the serum was separated by centrifugation (600×g 15 min, 4

°C) and kept at -20 °C until investigation (Nemzek et al., 2001).

**2.3.2 Organs.** Rats were sacrificed by cervical dislocation. Livers of all rats were extracted, washed using saline (ice cold) and weighed. Then, one half of liver was homogenized for MDA, SOD and GSH analysis. Fixation of the other half was in 10% formalin for histopathological and immunohistochemical studies.

## 2.4 Biochemical studies

**2.4.1 Liver enzymes:** Serum AST and ALT were analyzed using the spectrophotometric method of Murray (1984) and Reitman and Frankel (1957) respectively.

**2.4.2 Hepatic Malondialdehyde (MDA) level:** was analyzed using the spectrophotometric method of Ohkawa et al. (1979).

**2.4.3 Hepatic superoxide dismutase (SOD):** was spectrophotometrically assayed using the method defined by Nagi et al. (1995). Which depend on the SOD-mediated hang-up in the rate of nitroblue tetrazolium lessening to the blue formazan (at alkaline pH).

**2.4.4 Hepatic reduced glutathione (GSH):** was spectrophotometrically assayed at 405 nm using the method defined by Shaik and Mahvar (2006).

All above kits are purchased from bio diagnostic chemical company, Egypt.

## 2.5. Histopathology

**2.5.1 Haematoxylin and Eosin staining (H & E):** Paraffin blocks were partitioned at a 5 µm thickness and undergo staining with H&E according to Bancroft and Stevens (1996). Then Sections were de-waxed with xylene, rehydrated by alcohol (descending grades) (100%, 96%, and 70%), formerly hematoxylin staining for 20 min and eosin staining for 10 min and studied using light microscopy.

**2.5.2 Immunohistochemical examination:** was done to liver specimens from all groups with labeled streptavidin-biotin (LSAB) technique which is a more sensitive method. The sections were deparaffinized and incubated in hydrogen peroxide to suppress the endogenous peroxidase. Then, the sections

were incubated with the tumor necrosis factor alpha (TNF-α) primary antibodies. It was detected by using the TNF-α rabbit polyclonal primary antibody. Then, the sections were incubated with peroxidase labeled streptavidin and the secondary antirabbit antibodies. Formerly, incubation with substrate chromogenic was done to complete the staining that resulted in formation of precipitate at the antigen sites that has a brown-color. Mayer's haematoxylin was used as a counter stain (Bancroft & Cook, 1994 and Bhan, 1995).

**2.6. Statistical analysis.** Data were studied by Statistical Package of Social Science (SPSS), software version 20. Quantitative data were summarized as mean ± SD (standard deviation). Comparison of several means were done by One Way Analysis of Variance (ANOVA), followed by Least Significance Difference test "LSD" for multiple comparisons between groups. Pearson's Correlation co-efficient rank test; it was used to rank different variables against each other in linear correlation which may be positive or negative. Probability (P value of > 0.05 indicates non-significant results; P value < 0.05 means significant difference, p < 0.001 for highly significant result).

## 3. Results

### 3.1 Biochemical results

There was no statistically significant difference observed between different subgroups of control group (IA, IB, IC) regarding the biochemical parameters (ALT, AST, MDA, SOD & GSH). So, the negative control group (IA) was used as a control group for comparison with other treated groups.

**3.1.1 Liver function tests.** Serum ALT and AST levels in control group and hesperidin group exhibited no statistically significant differences (p>0.05). Diazinon intoxicated group showed a highly significant (p < 0.001) upsurge in mean values of ALT and AST compared to control group. Co-treatment of hesperidin with DZN resulted in a highly significant (p < 0.001) diminution in ALT and

AST mean values in comparison to DZN alone. However, their levels are quite higher significantly ( $p < 0.001$ ) than control group (**Table 1**).

**3.1.2 Oxidative Stress Markers in hepatic tissue:** MDA, SOD and GSH levels in the control group and the hesperidin treated group exhibited no statistically significant differences ( $p > 0.05$ ). Diazinon intoxicated group revealed a highly significant ( $p < 0.001$ ) rise in mean values of hepatic MDA and a highly significant ( $p < 0.001$ ) decrease in mean values of hepatic SOD and GSH compared to control group. Co-administration of hesperidin with DZN resulted in a highly significant ( $p < 0.001$ ) diminution in mean values of hepatic MDA and a highly

significant ( $p < 0.001$ ) increase in mean values of hepatic SOD and GSH compared to DZN alone. Moreover, hepatic GSH exhibited non-significant ( $p > 0.05$ ) difference, while SOD levels are still significantly ( $p < 0.001$ ) lower and MDA levels are quite higher significantly ( $p < 0.001$ ) than control group (**Table 2**).

**3.1.3 Correlation of Serum ALT and AST with hepatic Oxidative Stress Markers:** Serum ALT and AST levels exhibited a highly negative significant ( $p < 0.001$ ) correlation with SOD and GSH levels and a highly positive significant ( $p < 0.001$ ) correlation with MDA level (**Table 3**).

**Table (1):** Statistical comparison among different groups of study as regard liver enzymes levels by ANOVA test.

Parameters	-ve Control	Hesperidin	Diazinon	Hesperidin& Diazinon	F	P
ALT(IU/L)	24.5±1.7	24.3±2.96#	75.8±3.7 <sup>a</sup>	36.3±3.8 <sup>ab</sup>	484.26	<0.001**
AST (IU/L)	30.6±2.3	29.9±1.9#	88.9±5.8 <sup>a</sup>	44.9±1.5 <sup>ab</sup>	548.35	<0.001**

n=8 in each group; (Mean ± SD)

# $p > 0.05$ , <sup>a</sup> $p < 0.001$  compared to -ve control group; <sup>b</sup> $p < 0.001$  compared to diazinon group

SD: Standard deviation; ALT: Alanine transferase; AST: Aspartate transferase

**Table (2):** Statistical comparison among different groups of the study as regard hepatic MDA, SOD & GSH by ANOVA test.

Parameters	-ve control	Hesperidin	Diazinon	Hesperidin& Diazinon	F	P
MDA (nmol/g tissue)	45.4±3.94	44.7±3.4#	126.8±8.7 <sup>a</sup>	4.5±4.6 <sup>ab</sup>	382.708	<0.001**
SOD (μ/mg protein)	38.5±2.6	39.8±3.4#	14.9±3.7 <sup>a</sup>	27.4±3.96 <sup>ab</sup>	46.642	<0.001**
GSH (mmol/g tissue)	8.1±0.9	8.5±0.9#	3±1.04 <sup>a</sup>	7.6±1.4 <sup>#b</sup>	90.003	<0.001**

(n=8 in each group) (Mean± SD)

# $p > 0.05$ , <sup>a</sup> $p < 0.001$  compared to control group; <sup>b</sup> $p < 0.001$  compared to diazinon group

SD: Standard deviation; MDA: Malondialdehyde; SOD: Superoxide dismutase; GSH: Reduced glutathione

**Table (3):** Correlation of serum ALT and AST with hepatic oxidative stress markers

Parameters	MDA		SOD		GSH	
	(r)	p	(r)	P	(r)	p
ALT	0.964	<0.001**	-0.899	<0.001**	-0.903	<0.001**
AST	0.965	<0.001**	-0.910	<0.001**	-0.904	<0.001**

r: correlation coefficient. \*\*: highly significant ( $p < 0.001$ ).

ALT: Alanine transferase; AST: Aspartate transferase; MDA: Malondialdehyde; SOD: Superoxide dismutase; GSH: Reduced glutathione

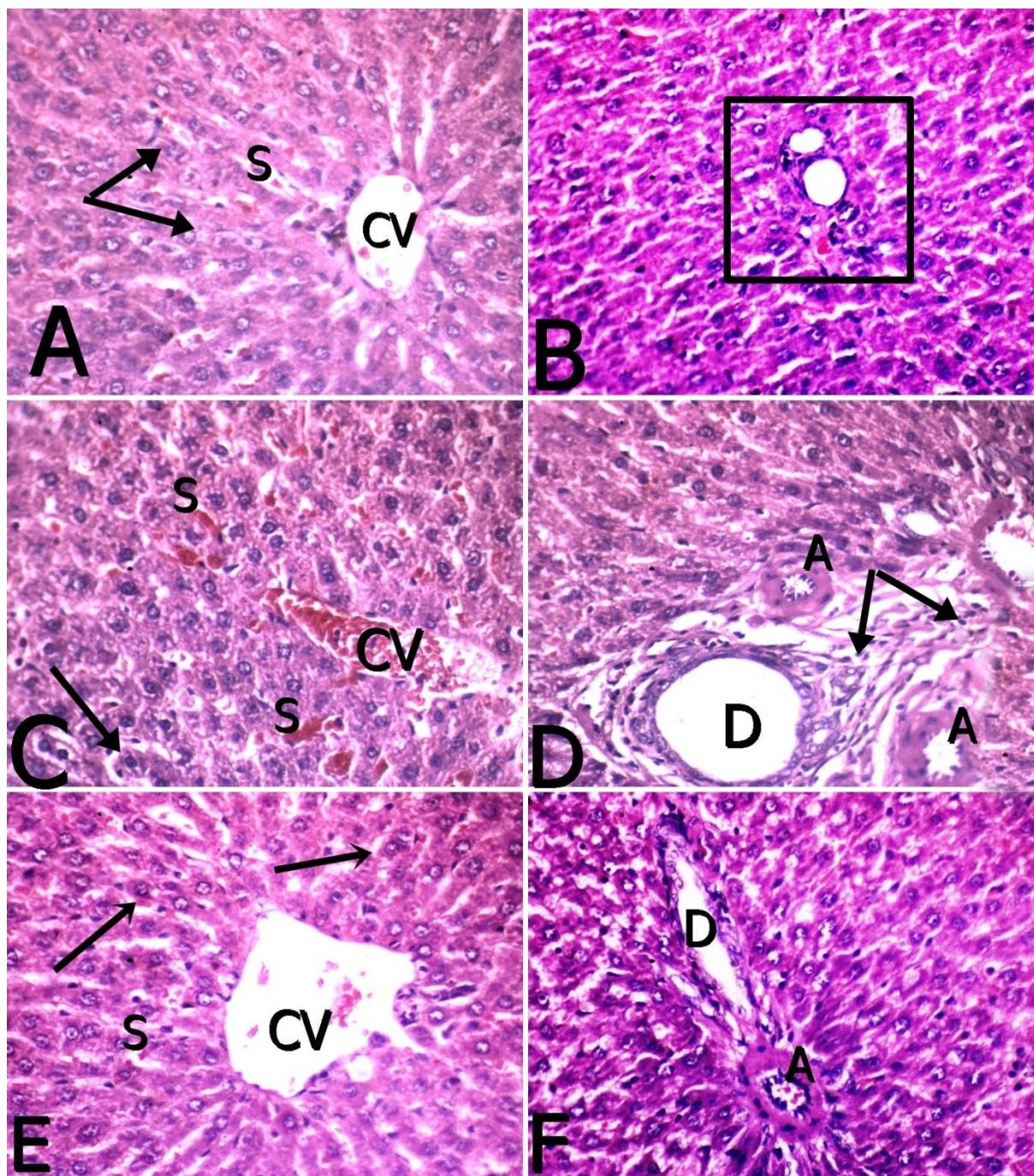
### 3.2 Histopathology

#### 3.2.1 Haematoxylin and eosin staining.

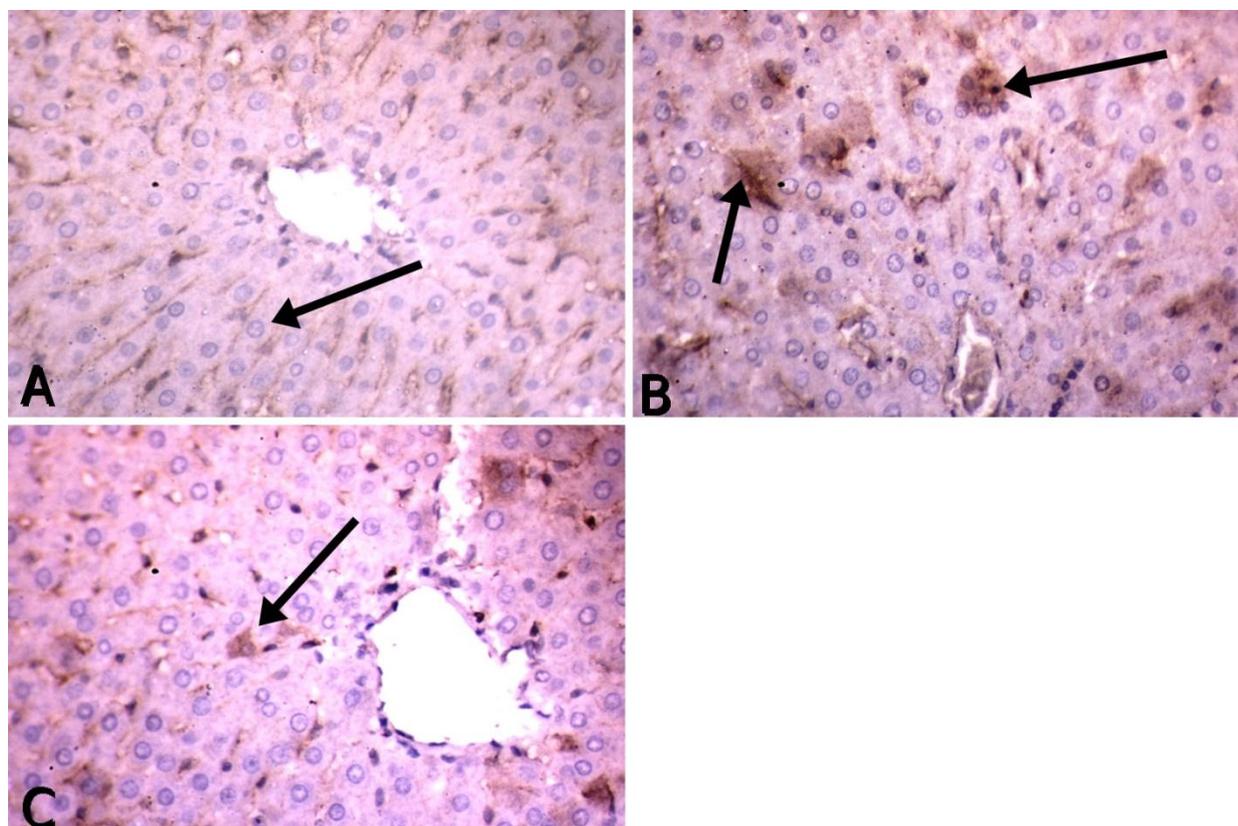
Examination of H&E stained hepatic sections of control group revealed normal lobular hepatic architecture; the pentagonal or hexagonal lobules with central veins and portal areas (peripheral hepatic triads) consisted of connective tissue stroma that contained branches of portal veins, hepatic artery, and bile duct. Hepatocytes are arranged in cords running radially from the central vein. They had stippled form of the acidophilic cytoplasm and had large pale vesicular nuclei. These cords were parted by narrow sinusoidal spaces (**Fig. 1A & B**). Histopathological examination of liver from DZN treated group showed marked congestion of the central vein and sinusoids, some hepatocytes with pyknotic nuclei and intracytoplasmic vacuolation (apoptotic cells), dilated bile duct, hyalinization and thickening of the arterial wall and mononuclear inflammatory cells infiltration (**Fig. 1C & D**).

Co-administration of HN with DZN caused obvious improvement indicated by mild dilatation and congestion of the central vein and sinusoids, mildly dilated bile duct and hyalinization of the arterial wall, and most hepatocytes were polyhedral with acidophilic cytoplasm and rounded vesicular nuclei (**Fig. 1E & F**).

**3.2.2 Immunohistochemical results (light microscopic detection of TNF- $\alpha$ ).** The liver sections of control group showed negative TNF- $\alpha$  immunoreactivity in the cytoplasm of hepatocytes (**Fig. 2A**). DZN treated group showed strong positive TNF- $\alpha$  immunoreactivity in the cytoplasm of hepatocytes compared to control group (**Fig. 2B**). On the other hand, HN treatment with DZN revealed weak positive TNF- $\alpha$  immunoreactivity in the cytoplasm of hepatocytes compared to DZN alone (**Fig. 2C**).



**Fig. (1):** photomicrographs of liver section in adult male albino rats. (A & B) control group showing normal lobular architecture; CV= Central vein, S= blood sinusoids, arrow= hepatocytes are polyhedral with acidophilic cytoplasm and round vesicular nuclei, black box= portal area. (C & D) DZN group (20 mg/kg/day) for 6weeks, arrow= hepatocytes with pyknotic nuclei and intracytoplasmic vacuolation, CV= marked congested central vein, S= congested sinusoids, double arrow= mononuclear inflammatory cells, D= dilated bile ducts and A= hyalinization and thickening of the arterial wall. (E & F) HN + DZN group showing nearly normal lobular architecture (H & E X400).



**Fig. (2):** Photomicrographs of immunohistochemical staining of TNF- $\alpha$  in the livers of adult male albino rats. (A) Control group showing negative TNF- $\alpha$  immunoreactivity in cytoplasm of hepatocytes (arrow). (B) DZN group (20 mg/kg/day) for 6weeks showing strong positive TNF- $\alpha$  immunoreactivity in cytoplasm of hepatocytes (arrow). (C) HN+DZN group showing weak positive TNF- $\alpha$  immunoreactivity in cytoplasm of hepatocytes (arrow) (Immunohistochemical x400).

#### 4. Discussion

The liver could be an exceptionally pivotal organ for the detoxification processes and the main location of DZN metabolism, by assembling a large amount of its metabolites (Beydilli et al., 2015).

Hesperidin is an active flavonoid found in citrus fruits possessing antioxidant and anti-inflammatory actions (Li and Schluesener, 2017). To our knowledge, it is the first time to examine the protecting effects of hesperidin on DZN induced hepatotoxicity in adult male albino rats.

The current study showed that the oral administration of DZN in male rats at a dose of 20 mg / kg body weight for 6 weeks induced hepatotoxic, oxidative stress and inflammatory

effects. While, Co-administration of HN with DZN resulted in partial improvement as regard previous toxic effects.

In the present study, DZN exposure induced hepatotoxic effect as reflected by a highly significant ( $p < 0.001$ ) rise in ALT and AST levels in comparison with control group. These were in line with Hariri et al. (2010), Sarhan and Al-Sahhaf (2011), Beydilli et al. (2015), Yousefizadeh et al. (2019) and Abdel-Daim et al. (2020) who found a significant increase in serum liver enzymes regardless species, dose and duration of treatment with DZN.

Oxidative hepatic damage of DZN was indicated in the present study by a highly significant ( $p < 0.001$ ) increase in liver MDA

level and a highly significant ( $p < 0.001$ ) decrease in liver SOD and GSH levels compared to control group. These findings were in line with previous studies suggesting that one of the molecular mechanisms of DZN induced hepatotoxicity was regulated through ROS generation and oxidative mechanism (**El-Shenawy et al., 2010; Hariri et al., 2010; Lari et al., 2015; Mehanny et al., 2015; Karimani et al., 2018 and Abdel-Daim et al., 2020**).

MDA induction seen in this study was in line with some studies previously published (**Altuntas et al., 2004; Amirkabirian et al., 2007; Shah and Iqbal, 2010 and Jafari et al., 2012**). They reported increased lipid peroxidation in rats exposed to DZN. High lipid peroxidation may be due to the oxidation of molecular oxygen to produce superoxide radicals, this reaction is also the source of hydrogen peroxide, which produces MDA by triggering the peroxidation of unsaturated fatty acids in the membrane, resulting in organ injury due to the effects on membrane function, inactivation of membrane receptors and enzymes, and increased tissue permeability (**Rahman, 2005 and Karimani et al., 2018**).

Regarding levels of SOD and GSH, the results of present study were supported by **El-Shenawy et al. (2010), Mehanny et al. (2015) and Abdel-Daim et al. (2020)**, who found that DZN-treatment decreases the activity of antioxidant enzymes SOD, CAT, GPx and GST and level of GSH. Other oxidative effects of DZN include augmenting the activity of NADPH oxidase and inducible nitric oxide synthase and inhibiting the activity of glutathione reductase (**Shah and Iqbal 2010; Pakzad et al. 2013 and Ogasawara et al. 2017**).

Enzymatic and non-enzymatic antioxidants work together to inhibit the effect of ROS in tissues and have a role in the defense against oxidative cellular damage by free radical scavenging (**Abdollahi et al., 2004**).

Therefore, SOD, CAT and GPx are considered first defensive lines that preserve cellular elements from oxidative injury. For

example, SOD promotes conversion of superoxide anion into less reactive particles ( $H_2O_2$ ) which is rapidly changed to water and oxygen by CAT and GPx (**Peixoto et al., 2004 and Sharma and Sangha, 2014**).

The decrease in SOD level in the hepatocytes of rats exposed to pesticides may be due to over manufacture of  $O_2^{\bullet-}$ —which rapidly changed to  $H_2O_2$  by SOD (**Mossa et al., 2015**). In a previous study, the GSH levels in rat red blood cells were significantly decreased after drug injection in comparison with the control group. The reduction in GSH level could be due to over use of GSH in the non-enzymatic washing of oxygen radicals. Furthermore, GSH decreases peroxides and preserves protein thiols in the reduced form (**Anandan and Subramanian, 2012**).

**Beydilli et al. (2015)** attributed the injurious mechanism of DZN to increasing myeloperoxidase (MPO) and nitric oxide (NO) levels that have a role in pathogenesis of hepatic damage via oxidative stress mechanism.

Also, **Abdel-Daim et al. (2020)** explained the increased liver enzymes in rats treated with DZN by oxidative stress-mediated increase in liver cells permeability, leading to leakage of liver enzymes to the blood stream. This confirms the results of present study as evidenced by that serum ALT and AST levels showed a negative highly significant ( $p < 0.001$ ) correlation with liver SOD and GSH levels and a positive highly significant ( $p < 0.001$ ) correlation with liver MDA level.

The results of present study showed that co-administration of HN with DZN significantly increased liver GSH and SOD level and decreased liver MDA, suggesting antioxidant properties of HN as a protective agent. These results were supported by that of **Tirkey et al. (2005), Anandan and Subramanian (2012), Abdallah et al. (2013), Pari et al. (2015), Çetin et al. (2016), Nathiya et al. (2016) and Rabee and Bennisir (2018)**.

It has been suggested that antioxidant activities of flavonoids are due to their hydrogen-donating and free-radical scavenging

properties. Flavonoids can inhibit free radical formation and the propagation of free radical reactions through the chelation of metal ions. The free-radical scavenging activity of HN may be attributed to the presence of 3'hydroxy and the 4'methoxy group on the aromatic B ring, which donates hydrogen and an electron to neutralize the hydroxyl and superoxide free radicals (**Anandan and Subramanian, 2012**).

Moreover, **Tirkey et al. (2005)** mentioned that treatment with HN (200 mg/kg) was able to show improvement in the levels of endogenous antioxidant enzymes (SOD and catalase) and GSH in liver of CCl<sub>4</sub> treated rats. It has been reported to act as a strong consumer of superoxide, singlet oxygen and hydroxyl radicals, thereby contributing significantly to the intracellular antioxidant defense system.

Hepatoprotective effect of HN was attributed to its ability to enhance glutathione production by providing more substrate for reactive intermediates that promote the detoxification mechanisms. This might be the reason for the restoration of other antioxidant enzymes such as superoxide dismutase, catalase and glutathione peroxidase (**Abdallah et al., 2013**).

The biochemical findings in the present study were supported by histopathological changes in the form of marked congestion of the central vein and sinusoids, some apoptotic hepatocytes (pyknotic nuclei and intracytoplasmic vacuolation), dilated bile duct, hyalinization and thickening of the arterial wall and mononuclear inflammatory cells infiltration.

The histopathological results of current study were similar to that of **Al-Attar (2015)**, **Mehanny et al. (2015)**, **Ezzi et al. (2016)** and **Ahmadi et al. (2019)** who showed that rats treated with DZN had many severe histopathological alterations including hepatocyte vacuolization, mononuclear cell infiltration, activated Kupffer cells, venous congestion, sinusoidal dilatation and disruption of the radial alignment of hepatocytes around the central vein. Cytoplasmic vacuoles develop

due to buildup of ions and water in cytosol and rapidly pass through leaky membranes of cell organelles. Massive buildup of fluids in the vacuoles may finally lead to cell degeneration (**Sarhan and Al-Sahhaf, 2011**).

**Kalender et al. (2005)** reported that long-term intoxication with diazinon (10 mg/kg for 7 weeks) produced swelling of mitochondria and breaking up of the mitochondrial cristae of liver cells in DZN intoxicated groups with electron microscopy.

In another study, **Lari et al. (2015)** found that DZN produces apoptosis in the liver cells through induction of caspases-9 and -3. Moreover, DZN exposure significantly induced Bax/Bcl-2 ratio by 25%.

Co-administration of HN with DZN resulted in partial improvement in hepatic damage as evidenced by a highly significant ( $p < 0.001$ ) reduction in mean values of ALT and AST in comparison with DZN alone. Also, there was obvious improvement in histopathological changes in the liver. These results passed in parallel with those of **Tirkey et al. (2005)**, **Abdallah et al. (2013)**, **Pari et al. (2015)**, **Çetin et al. (2016)** and **Rabee and Bennisir (2018)** who implied that HN inhibits hepatic damage, prevent enzymes leakage through cellular membrane, protect the plasma membranes integrity and restore levels of these enzyme.

Moreover, **Anandan and Subramanian (2012)** reported that HN treatment produced complete reversal of gentamycin induced tubular necrosis by increasing the cellular antioxidants. In addition, treatment with HN (20, 40 and 80 mg/kg body weight) in iron-intoxicated rats reduced the hepatic and renal histological changes induced by iron. This can be explained by the antioxidant and chelating ability of HN, which significantly decreased the oxidative stress, resulting in reduction of pathological changes and restoration of normal cellular functions (**Pari et al., 2015**).

The immunohistochemical examination revealed that liver of DZN intoxicated group

showed strong positive TNF- $\alpha$  immuno-reactivity in the cytoplasm of hepatocytes compared to control group, indicating inflammatory effect of DZN. TNF- $\alpha$  is a key regulator of the immune and inflammatory processes and controls the expression of the inflammatory genes. So, the overproduction of TNF- $\alpha$  contributes significantly to the pathological consequences seen in many inflammatory diseases (Kowalski et al., 2001).

Over production of pro-inflammatory cytokines may share in manifestation of the systemic inflammatory response, developing organ failure (Kotb and Calandra, 2003). The increase TNF- $\alpha$  level coincided with those reported by Hariri et al. (2010), Ahmed et al. (2013), Pakzad et al. (2013) and Mehanny et al. (2015) that found serum level of TNF- $\alpha$  was increased significantly by diazinon. The literature reports a reciprocal relationship between oxidative stress and TNF- $\alpha$  expression, i.e., oxidative stress induces TNF- $\alpha$  expression and TNF- $\alpha$  increases oxidative stress (Fischer and Maier 2015 and Voltan et al., 2016).

Besides, DZN induces the expression of cyclooxygenase-II and NF- $\kappa$ B, which is upstream of TNF- $\alpha$  (Ogasawara et al., 2017 and Proskocil et al., 2019). Therefore, Abdel-Daim et al. (2020) explained increased TNF- $\alpha$  expression in diazinon treated rats (20 mg/kg/day for 4 weeks) by a direct influence of DZN intoxication or an indirect influence due to oxidative mechanism.

In the present study, co-administration of HN with DZN revealed weak positive TNF- $\alpha$  immuno-reactivity in the cytoplasm of hepatocytes compared to DZN alone, indicating anti-inflammatory effect of HN. These results were supported by Nathiya et al. (2016) who observed that HN treatment (200mg/kg /day for 50 days) decreased expression of TNF- $\alpha$  and NF- $\kappa$ B in liver of rats treated with anti-tubercular drugs as HN eliminated the oxidative stress by neutralizing the ROS which result in the inactivation of NF- $\kappa$ B pathway and subsequently suppress the release of proinflammatory cytokines TNF- $\alpha$ .

Moreover, HN displays an obvious protective impact against inflammatory disorders, both *in vivo* and *in vitro*, possibly through a mechanism including an inhibition of eicosanoid synthesis and/or antioxidant free radical scavenger activity (Rabee and Bennisir, 2018).

In addition, Aldossary (2019) illustrated that treatment with HN (100 mg/kg/day for 7 days) significantly impeded acute kidney injury induced by methotrexate as demonstrated by inhibition of inflammatory responses, and suppression of NF- $\kappa$ B pathway. Similarly, earlier researches related the nephroprotective effect of HN to downregulation of oxidative/nitrative stress, and inflammation (Siddiqi et al., 2015; Fouad and Al-Melhim, 2018 and Turk et al., 2018).

## 5. Conclusions and recommendations

In conclusion, the results of current study indicate that HN plays a protective role in reducing DZN-induced oxidative and inflammatory damage in liver which could be due to its antioxidant potential by scavenging the free radicals and restoration of hepatic enzymatic (SOD) & non enzymatic (GSH) antioxidants and anti-inflammatory effects by a significant decrease in TNF- $\alpha$ . Continuous monitoring of serum liver enzymes is recommended in DZN exposed workers for early detection of liver damage, beside further investigations on the mechanism of action of HN are needed to strengthen its future supplementation for those workers.

## 6. Conflicts of interest

There is no conflict of interest to declare.

## 7. References

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## هيسبيريدين: طريقة جديدة لتحسين السمية الكبدية التي يسببها الديازينون في ذكور الجرذان البيضاء البالغة

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### الملخص العربي

يعد الديازينون من المبيدات الحشرية الفوسفورية العضوية الأكثر استخدامًا في مكافحة الآفات الزراعية ، مما يزيد من فرص التعرض لهذه المركبات التي قد يكون لها آثار جانبية ضارة. ويعد الهيسبيريدين من مجموعة البيوفلافونويد التي لها العديد من التأثيرات المضادة للالتهابات وكذلك تعد من مضادات الأكسدة. وأجريت هذه الدراسة لتقييم الدور الوقائي لعقار الهيسبيريدين ضد الاثار السامة للديازينون علي كبد ذكور الجرذان البيضاء البالغة.

أجري هذا البحث علي ٤٨ جرذ ذكر أبيض بالغ مقسمة الي أربع مجموعات كما يلي؛ المجموعة الأولى ضابطة (IA و IB و IC) ، المجموعة الثانية : تم اعطاء الجرذان الهيسبيريدين (٥٠ مجم / كجم) ، المجموعة الثالثة: تم اعطاء الجرذان ديازينون (٢٠ مجم / كجم) والمجموعة الرابعة : تم اعطاء الجرذان هسبيريدين وديازينون بنفس الجرعات السابقة. تم إعطاء العلاج بواسطة انبوب عن طريق الفم مرة واحدة يوميا لمدة ٦ أسابيع. وقد تم الحصول علي عينات الدم لتقييم إنزيمات الكبد في الدم. وقد تم الحصول علي عينات من الكبد لتحديد مستوي المألون داي الدهيد ، و مضادات الاكسدة (انزيم السوير اوكسيد ديسميوتاز وانزيم الجلوتاثيون) ، كما تم فحص الكبد بواسطة الميكروسكوب الضوئي وعمل دراسة نسيجية كيميائية مناعية بواسطة عامل نخر الورم- ألفا.

أثبتت هذه الدراسة ان للديازينون تأثيرات سامة علي الكبد والتي قد اتضحت من خلال زيادات كبيرة ذات دلالات إحصائية في مستوي الإنزيمات الكبدية وكذلك في مستوي المألون داي الدهيد بالكبد وإنخفاض ذى دلالة إحصائية في مستوى نشاط مضادات الأكسدة بالدم. وقد تأكدت هذه النتائج بالتغيرات الهستوباثولوجية بالكبد مع ظهور اللون البني الناتج عن التفاعل الهستوكيميائي لعامل نخر الورم- ألفا بكثافة في سيتوبلازم خلايا الكبد. كما تبين أن إعطاء عقار الهيسبيريدين مع الديازينون يؤدي إلي تحسن جزئي لهذه التأثيرات السامة علي أنسجة الكبد. والخلاصة: أن الهيسبيريدين له آثار وقائية ضد الآثار السمية للديازينون التي يسببها في كبد الجرذان البيضاء البالغة.